

RHYTHM CELLS → THE BASIC

- RIGHT HAND [R.H.]
- LEFT HAND [L.H.]
- RIGHT FOOT [R.F.]
- LEFT FOOT [L.F.]
- VOICE [V.]
- HANDS TOGETHER [H.T.]

START AT THE BOTTOM OF THE CHART CLEARLY SPEAKING ON THE DOWNBEAT. GO THROUGH THE 5 POSSIBLE RHYTHMS AND USE THIS TO HELP COORDINATE YOUR INDEPENDANCE. HAVE FUN!

$\text{♩} = +1-80-92$ THE BASIC

R.H.				
Voice	1 2 3 4 5 6			
L.H.				
Voice	1 2 3 4			
R.F./L.F.				
H.T.				
Voice	1 2			
DOWNBEAT	1	1		